

Connecticut 4-H Project Record



4-H ACTIVITY RECORD

(List the following 4-H activities for this year only. Record them at the time you do them. Keep this sheet in your 4-H record folder with your project records. Use only one activity record each program year even though you may be in more than one club. Include what you learned in these activities in your 4-H story.) Name______ Age as of January 1st_____

Years in 4-H (Counting this year)	
Club/Individual Membership	

Meetings Held

4-H Program Year

Meetings Attended

List your 4-H demonstrations, talks, exhibits, radio and television appearances, newspaper articles written. Include topics & dates.

List your leadership experiences in 4-H. Include offices you have held or committees you have served on and the level of leadership you held within each committee (i.e. member, chair, etc.).

List your citizenship/community service experiences and team cooperative efforts. Include things that contribute to the welfare of your group members, other individuals or community or which have helped your club or group work more effectively.

^{*} What was done - did you participate, help plan, implement, etc. ** Designate Level of Participation with L for Local, S for State, M for Multi-state and N for National

Recognition received (complete after county recognition program):

Record your participation in local, regional, state-wide and national activities. Include workshops or clinics attended (how you learned the new skills you are using), project events such as horse or dairy judging, local and state project area activities such as Public Speaking Programs, Fashion Revues and Nutrition Fairs. Don't forget activities such as exhibiting in the 4-H Fair or participating at Eastern States, attending conferences such as CWF, Teen Connection or Teen Leadership or 4-H Camp. Also include participating in local fundraising events such as the 4-H Fairbook ad campaign as well as county recognition programs.

DATE	ACTIVITY	WHAT WAS DONE*	LEVEL**

* What was done - did you participate, help plan, implement, etc. ** Designate Level of Participation with L for Local, S for State, M for Multi-state and N for National

Write a story telling what 4-H has meant to you this year. Include some of the things you have learned and some of the things that have been the most fun. Tell how you have helped others by being a 4-H member.

This record was written by the member and is believed to be accurate.

Date

Member

Date

4-H Leader

* What was done - did you participate, help plan, implement, etc. ** Designate Level of Participation with L for Local, S for State, M for Multi-state and N for National

Attach one or two selected photographs or news articles. (optional)

Equal opportunity program provider and employer.